

Manjak's Gymnastics

2023 - 2024 PROGRAM INFORMATION

Programs running from September 2023 to June 2024!

ALL FEES SUBJECT TO HST

30 Harlowe Drive, Hamilton

manjakgym@gmail.com | manjaksgymnastics.com | 905-608-0879

2023 - 2024 PROGRAMS		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
PRE-SCHOOL AGE PROGRAMS								
TODDLER STARS CO-ED, 18 MTH – 3 YRS 60 MINUTES		5:00 - 6:00PM 6:00 - 7:00PM	4:00 - 5:00PM 5:00 - 6:00PM 6:00 - 7:00PM	5:00 - 6:00PM 6:00 - 7:00PM	4:00 - 5:00PM 5:00 - 6:00PM 6:00 - 7:00PM		9:00 - 10:00AM 10:15 - 11:15AM 11:30 - 12:30PM	
KINDERGYM JUNIOR CO-ED, 3 – 4 YRS 60 MINUTES		5:00 - 6:00PM 6:00 - 7:00PM	4:00 - 5:00PM 5:00 - 6:00PM 6:00 - 7:00PM	5:00 - 6:00PM 6:00 - 7:00PM	4:00 - 5:00PM 5:00 - 6:00PM 6:00 - 7:00PM		9:00 - 10:00AM 10:15 - 11:15AM 11:30 - 12:30PM	
KINDERGYM SENIOR CO-ED, 4 – 5 YRS 60 MINUTES		5:00 - 6:00PM 6:00 - 7:00PM	4:00 - 5:00PM	5:00 - 6:00PM 6:00 - 7:00PM	4:00 - 5:00PM		9:00 - 10:00AM 10:15 - 11:15AM 11:30 - 12:30PM	
SCHOOL AGE PROGRAMS								
STARS-IN-MOTION CO-ED, 5 – 6 YRS 90 MINUTES			5:00 - 6:30PM		5:00 - 6:30PM			
WONDERGIRLS (STARS IN PROGRESS) GIRLS 5 – 7 YRS 120 MINUTES		5:00 - 7:00PM 7:00 - 9:00PM		5:00 - 7:00PM 7:00 - 9:00PM			9:00 - 11:00AM 11:00 - 1:00PM	
GIRLS REC (FUTURE STARS) GIRLS 7 – 9 YRS 120 MINUTES		5:00 - 7:00PM 7:00 - 9:00PM		5:00 - 7:00PM 7:00 - 9:00PM			9:00 - 11:00AM 11:00 - 1:00PM	
PRE-TEENS GIRLS 10 – 12 120 MINUTES		5:00 - 7:00PM 7:00 - 9:00PM		5:00 - 7:00PM 7:00 - 9:00PM			9:00 - 11:00AM 11:00 - 1:00PM	
TEEN GYM GIRLS 13 + 120 MINUTES		7:00-9:00PM		7:00 - 9:00PM				
TUMBLING								
TUMBLING INTER. CO-ED 7 YRS + 120 MINUTES			7:00 - 9:00PM		7:00 - 9:00PM			
TUMBLING ADV CO-ED 7 YRS + 120 MINUTES			7:00 - 9:00PM		7:00 - 9:00PM			
PROGRAMS BY INVITATION ONLY								
MINI-WORKSHOP Girls Born 2016 - 2018 3 Hours Per Week 1 ½ Hours Twice a Week			5:00 - 6:30PM		5:00 - 6:30PM			

****Please Read All Policies Including Cancellation fees before Registering**

****For Safety Reason please avoid Tutu/Skirt Attachment**